

SETON KEOUGH
MARCH 2010, LUNCH MENU

SERVED DAILY:

Alternate Entrée: Entrée Salads (Ham, Turkey, Cheese and Chicken)

Fresh Deli Sandwiches (Ham, Turkey, and Cheese)

Pasta (Spaghetti Sauce or Cheese Sauce)

Chilled Fresh and Canned Fruit: 100% Juice (4 oz)

Hot or Cold Vegetables :(Corn, Green Beans, Broccoli, Fr. Fries, Toss Salad)

Milk Choices: 2% White, Skim, 1% Chocolate, 1% White and 1% Strawberry

Added MARCH Request: Every Wednesday, Chicken Pattie Sandwich

If you feel that your family may be eligible for free or reduced price meals, applications may be obtained any time during the school year, by contacting Child Nutrition main office.

<u>MONDAY</u>	<u>TUESDAY</u>	<u>WEDNESDAY</u>	<u>THURSDAY</u>	<u>FRIDAY</u>
1 Chicken Nuggets With Roll Fruit Cup Vegetable of the day	2 Hot Dog With or Without Cheese Fruit Cup Vegetable of the day	3 Fish Nuggets With Roll Fruit Cup Vegetable of the day	4 Nachos with Beef With or Without Cheese Fruit Cup Vegetable of the day	5 Pizza Fruit Cup Vegetable of the day
8 NO SCHOOL TEACHER INSERVICE	9 Ham & Cheese or Cheese Toasted Sandwich Fruit Cup Vegetable of the day	10 Fish Sandwich With or Without Cheese Fruit Cup Vegetable of the day	11 Steak Sub With or Without Cheese Fruit Cup Vegetable of the day	12 Pizza Fruit Cup Vegetable of the day
15 Baked Chicken With Roll Fruit Cup Vegetable of the day	16 Mozzarella Dippers With Sauce Fruit Cup Vegetable of the day	17 Fiesta Beef A Roni With Roll Fruit Cup Vegetable of the day	18 Pit Pork Sandwich Fruit Cup Vegetable of the day	19 Pizza Fruit Cup Vegetable of the day
22 BBQ Chicken Pattie Sandwich Fruit Cup Vegetable of the day	23 Italian Meatball Sub With or Without Cheese Fruit Cup Vegetable of the day	24 Tuna Salad Sub Fruit Cup Vegetable of the day	25 BREAKFAST AND SNACKS EARLY DISMISSAL	26 Pizza Fruit Cup Vegetable of the day

<p>29 BBQ Chicken Nuggets With Roll Fruit Cup Vegetable of the day</p>	<p>30 Beef Burrito Casserole Rice Fruit Cup Vegetable of the day</p>	<p>31 Popcorn Chicken With Roll Fruit Cup Vegetable of the day</p>		
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**MENU SUBJECT TO CHANGE
NO MEAT FRIDAY'S DURING LENT**